



Keeping you Safe

A guide for Children



Grown ups should look after children and keep them safe



Sometimes grown ups hurt children.

Sometimes they are not able to look after you very well or keep you safe

Why have we come to see you?



We have come to see if you are OK. Someone has told us that you might be hurt or unsafe

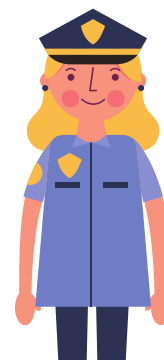


Who are we?

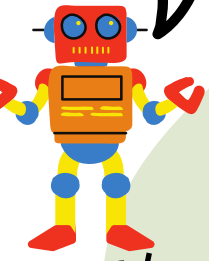


THIS IS A SAFE SPACE

We are social workers. Sometimes we may visit with a police officer. Our job is to make sure you are safe



What will happen?



We will talk to your teacher



If you are hurt we will take you to see a doctor. This could be in Aberdeen



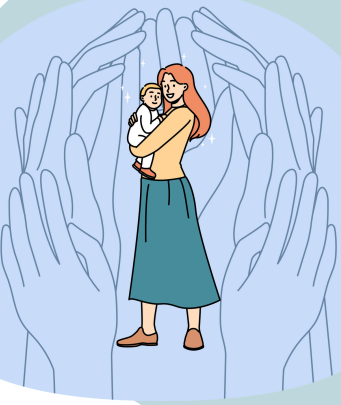
Then what?



We might help your mum or dad to keep you safe at home.



We will listen to what you want and make sure that you are safe



If it isn't safe with your mum or dad we will talk about you staying with someone else.



We will have a meeting to talk about how to help you. We can tell people at the meeting what you want to happen.



REMEMBER

**No one
should hurt
you**

**You have a
right to be
safe**

*Here are some useful
telephone numbers and
websites*

- ★ **Childline 0800 1111 / www.childline.org.uk**
- ★ **NSPCC helpline 0808 800 5000 / help@nspcc.org.uk**
- ★ **Social Work 01595 744 420 or when it's urgent at night time or weekends, call 01595 695611**
- ★ **For information on how to be safe online www.thinkuknow.co.uk or saferinternet.org.uk**
- ★ **For information about domestic violence www.womensaid.org.uk**

